



WELCOME
TALL TREE CLINICS





WELCOME TO TALL TREE

Tall Tree is a **purpose-designed clinical environment** created to support therapeutic work that clinicians and clients can be proud of.

Every decision here, from room size to acoustics to what's stocked in the cupboard, is intentional.

We see space as part of the therapeutic container. When the environment is regulating, grounded, and considered, clinicians can focus fully on their work — and clients can respond with ease to the process.



DESIGNED BY & FOR CLINICIANS

Tall Tree is designed with clinicians and their clients top-of-mind

Tall Tree is designed for clinicians with established or emerging practices who are seeking to reduce cognitive load, protect stamina, and practice with steadiness over the long term.

While Tall Tree is grounded in psychological practice, the space is also suitable for aligned, allied health practitioners who value confidentiality, professionalism, and relational depth.

The intention is to provide:

- A space that supports busy clinical days
- An environment that feels professional, calming, and grounded
- Consistency across rooms, without uniformity
- Clear systems that work quietly in the background

Tall Tree provides a clinical setting designed to hold therapeutic work with care.



PURPOSE BUILT

Therapy happens not only between people, but within a broader environment

Tall Tree has been designed from the ground up to support focused, sustained clinical work across different modalities and ways of working.

Design choices are made to support:

- Emotional safety
- Regulation and grounding
- Long pauses and reflective silence
- A sense of steadiness across sessions and days

Materials are predominantly natural. Visual noise is minimised. Sound quality is prioritised. The rooms are designed to feel supportive without being directive.

There is subtle environmental cueing for clients across the lifespan, and with different abilities. This can assist in creating a felt sense of inclusion and belonging.



THE ROOMS

Tall Tree rooms are designed specifically for today's therapeutic practice

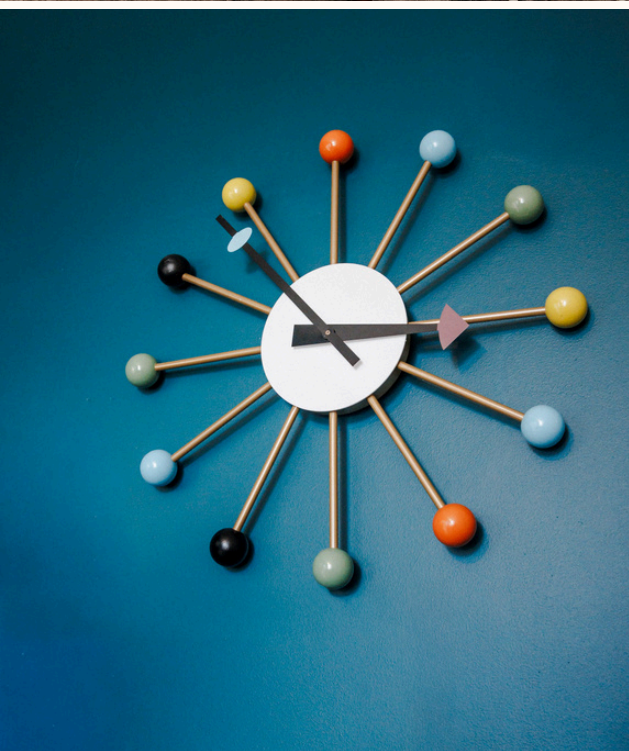
Other spaces are often adjuncts to medical or office environments. This doesn't always align to today's clinician or client.

Given this, we actively designed rooms to directly accommodate and enhance modern practice.

In practical terms, this means:

- Generously sized rooms that are spacious but not intimidating
- Acoustic treatments for confidentiality considerations and sound quality
- Comfortable seating suitable for full clinical days
- Layouts that easily accommodate individual, couple, and family work
- Dedicated zones to conduct telehealth sessions, review files, or take notes
- Natural light where possible, with careful control of glare and visual load
- Objects to subtly assist in grounding and regulation

Each room commits to a restrained, coherent design language. Nothing is accidental or excessive – every element has been carefully thought through.





SHARED RESOURCES & EASE

Included in your booking are abundant supplies designed to remove friction from the clinical day.

These include:

- Stationery and printing supplies
- Sensory and grounding items
- Client comforts and child/family materials
- Assessment and session aids
- Telehealth and hybrid-practice support

Consumables, amenities, and reset materials are stocked and maintained, so sessions are not disrupted by missing supplies, flat devices, or basic logistics.

Please ask to see a full list of stocked materials.

DEDICATED SENSORY SPACES

Tall Tree includes a dedicated Sensory Space that extends well established sensory and regulation practices — trailblazed in child, neurodivergent, and acute care settings — into mainstream clinical environments.



Therapy clients — including high-functioning adults experiencing anxiety, stress, or cognitive overload — can benefit from sensory regulation before or after sessions to support presence and readiness for clinical work, or re-entry into daily life.

The Sensory Space is intended as a purposeful transition space to:

- Ground and regulate prior to a session
- Support decompression and re-orientation following therapy
- Assist clients who benefit from sensory input or non-verbal processing

The space is also available to clinicians, including at the beginning or end of the clinical day, as part of maintaining regulation, focus, and professional endurance.

Therapy itself does not take place in the Sensory Space; it complements the clinical rooms rather than replacing them.

Designed to be regulating, contained, and flexible, the Sensory Space supports intentional use without disrupting clinical flow.

Practical details, including use guidelines, are provided during onboarding.



DURING YOUR WALK-THROUGH

As you move through the space, you might notice:

- The scale of the rooms
- The quality of sound
- The restraint in materials and furnishings
- How the rooms feel when you sit quietly in them

We encourage you to take your time and notice what it's like to be in the space.

NEXT STEPS

Consideration

1. Take your time to walk through the clinic, and ask any preliminary questions
2. Review this brochure, rooms/rates, and current room allocations
3. Review the draft agreement and note any questions

Confirmation

4. Apply for your preferred room and day and indicate your preferred start date and any secondary preferences to room/day
5. Once confirmed, your room/day is held for you on an ongoing basis. Invoicing is coordinated

Onboarding

6. A brief onboarding covers practicalities and systems so the logistics are easy, including:
 - access and arrival
 - shared amenities and supplies
 - “ideas lists” that can assist in transitioning your practice
 - maintenance, restocking, and support contacts



1300 594 560

info@talltreeclinics.com.au

PO Box 323 Batman Victoria 3058 Wurundjeri Land

www.talltreeclinics.com.au

*Tall Tree Clinics are located on the lands of the Traditional Owners.
We pay our respects to Elders past, present, and emerging.*